



Anglican Diocese of Wangaratta  
**Parochial District of Wangaratta West & The Warbys**  
**THE EIGHTH SUNDAY AFTER PENTECOST {OS 15}**  
**14th July, 2024—Sung Eucharist 9.30 a.m. & 11.00 a.m.**  
**SEA SUNDAY**

Hymn: AHB 115/TiS 52. Tune Sing Hosanna.

- 1. Let us sing to the God of salvation,  
let us sing to the Lord our rock!  
Let us come to his house with thanksgiving,  
let us come before the Lord and sing!**

*Praise our Maker,  
praise our Saviour,  
praise the Lord our everlasting King.  
Every throne must bow before him,  
God is Lord of everything!*

- 2. In his hands are the earth's deep places  
and the strength of the hills is his;  
all the sea is the Lord's, for he made it,  
by his hands the dry land was formed.**

*Praise our Maker . . .*

- 3. Let us worship the Lord our Maker,  
let us kneel to the Lord our God;  
for we all are the sheep of his pasture,  
he will guide us by his powerful hand.**

*Praise our Maker . . .*

- 4. Let today be the time when you hear him!  
May our hearts not be hard or cold,  
lest we stray from the Lord in rebellion,  
as his people did in time of old.**

*Praise our Maker . . .*

Richard Thomas Bewes 1934–  
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*The Welcome & Greeting*

We meet in the name of God:  
**Father, Son and Holy Spirit.**

The Lord be with you.  
**And also with you.**

*Sentence*

Who shall stand in the Lord's holy place? Those who have clean hands and pure hearts, who do not lift up their hands to what is false.

Psalm 24.3-4

*Prayer of Preparation*

Let us pray

**Almighty God, to whom all hearts are open,  
all desires known, and from whom no secrets are hidden:  
cleanse the thoughts of our hearts  
by the inspiration of your Holy Spirit,  
that we may perfectly love you,  
and worthily magnify your holy name,  
through Christ our Lord. Amen.**

*The Two Great Commandments*

'Hear, O Israel, the Lord our God, the Lord is one;  
you shall love the Lord your God with all your heart,  
and with all your soul, and with all your mind, and with all your  
strength.' Jesus said: 'This is the great and first commandment.  
And a second is like it: you shall love your neighbour as yourself.'

*Kyrie*

**Lord, have mercy.  
Christ, have mercy.  
Lord, have mercy.**

*Some moments of silence*

Let us confess our sins in penitence and faith, confident in God's forgiveness.

**Merciful God, our maker and our judge,  
we have sinned against you  
in thought, word, and deed,  
and in what we have failed to do:  
we have not loved you with our whole heart;  
we have not loved our neighbours as ourselves;  
we repent, and are sorry for all our sins.  
Father, forgive us.  
Strengthen us to love and obey you in newness of life;  
through Jesus Christ our Lord. Amen.**

### *Absolution*

Almighty God, who has promised forgiveness to all who turn to him in faith: pardon you and set you free from all your sins, strengthen you in all goodness and keep you in eternal life, through Jesus Christ our Lord. **Amen.**

### *Gloria*

**Glory to God in the highest, and peace to God's people on earth.  
Lord God, heavenly King, almighty God and Father,  
we worship you, we give you thanks,  
we praise you for your glory.**

**Lord Jesus Christ, only Son of the Father,  
Lord God, Lamb of God, you take away the sin of the world:  
have mercy on us;  
you are seated at the right hand of the Father:  
receive our prayer.**

**For you alone are the Holy One, you alone are the Lord,  
you alone are the Most High Jesus Christ,  
with the Holy Spirit,  
in the glory of God the Father. Amen.**

### *The Collect*

Let us pray

Eternal God, open our eyes to see your hand at work  
in the splendour of creation  
and in the beauty of human life.

Help us to cherish the gifts that surround us,  
to share our blessings with our sisters and brothers,  
and to experience the joy of life in your presence;  
through Jesus Christ our Lord,  
who lives and reigns with you in the unity of the Holy Spirit,  
one God, for ever and ever. **Amen.**

## THE MINISTRY OF THE WORD

### **The Second Book of Samuel [6. 1–5, 12b–19]**

David again gathered all the chosen men of Israel, thirty thousand. David and all the people with him set out and went from Baale-judah, to bring up from there the ark of God, which is called by the name of the Lord of hosts who is enthroned on the cherubim. They carried the ark of God on a new cart, and brought it out of the house of Abinadab, which was on the hill. Uzzah and Ahio, the sons of Abinadab, were driving the new cart with the ark of God; and Ahio went in front of the ark. David and all the house of Israel were dancing before the Lord with all their might, with songs and lyres and harps and tambourines and castanets and cymbals.

It was told King David, 'The Lord has blessed the household of Obed-edom and all that belongs to him, because of the ark of God.' So David went and brought up the ark of God from the house of Obed-edom to the city of David with rejoicing; and when those who bore the ark of the Lord had gone six paces, he sacrificed an ox and a fatling. David danced before the Lord with all his might; David was girded with a linen ephod. So David and all the house of Israel brought up the ark of the Lord with shouting, and with the sound of the trumpet.

As the ark of the Lord came into the city of David, Michal daughter of Saul looked out of the window, and saw King David leaping and dancing before the Lord; and she despised him in her heart.

They brought in the ark of the Lord, and set it in its place, inside the tent that David had pitched for it; and David offered burnt-offerings and offerings of well-being before the Lord. When David had finished offering the burnt-offerings and the offerings of well-being, he blessed the people in the name of the Lord of hosts, and distributed food among all the people, the whole multitude of Israel, both men and women, to each a cake of bread, a portion of meat, and a cake of raisins. Then all the people went back to their homes.

Hear the word of the Lord,  
**thanks be to God.**

#### **Psalm 24. 1-6**

The earth is the Lord's and all that is in it:  
*the compass of the world and those who dwell therein.*

**For he has founded it upon the seas:  
and established it upon the waters.**

Who shall ascend the hill of the Lord:  
*or who shall stand in his holy place?*

**Those who have clean hands and a pure heart:  
who have not set their soul upon idols,  
nor sworn their oath to a lie.**

They shall receive blessing from the Lord:  
*and recompense from the God of their salvation.*

**Of such a kind as this are those who seek him:  
those who seek your face, O God of Jacob.**

## **The Letter of Paul to the Ephesians [1. 1-14]**

Paul, an apostle of Christ Jesus by the will of God,  
To the saints who are in Ephesus and are faithful in Christ Jesus:  
Grace to you and peace from God our Father and the Lord Jesus Christ.

Blessed be the God and Father of our Lord Jesus Christ, who has blessed us in Christ with every spiritual blessing in the heavenly places, just as he chose us in Christ before the foundation of the world to be holy and blameless before him in love. He destined us for adoption as his children through Jesus Christ, according to the good pleasure of his will, to the praise of his glorious grace that he freely bestowed on us in the Beloved. In him we have redemption through his blood, the forgiveness of our trespasses, according to the riches of his grace that he lavished on us. With all wisdom and insight he has made known to us the mystery of his will, according to his good pleasure that he set forth in Christ, as a plan for the fullness of time, to gather up all things in him, things in heaven and things on earth. In Christ we have also obtained an inheritance, having been destined according to the purpose of him who accomplishes all things according to his counsel and will, so that we, who were the first to set our hope on Christ, might live for the praise of his glory. In him you also, when you had heard the word of truth, the gospel of your salvation, and had believed in him, were marked with the seal of the promised Holy Spirit; this is the pledge of our inheritance toward redemption as God's own people, to the praise of his glory.

Hear the word of the Lord,  
**thanks be to God.**

**Gradual Hymn:** Tune, .Quedgeley.

- 1. Come, Lord, to our souls come down,  
through the gospel speaking;  
let your words, your cross and crown,  
lighten all our seeking.**
- 2. Drive out darkness from the heart,  
banish pride and blindness;  
plant in every inward part  
truthfulness and kindness.**
- 3. Eyes be open, spirits stirred,  
minds new truth receiving;  
make us, Lord, by your own word,  
more and more believing.**

Howard Charles Adie Gaunt (1902-1983).  
76.76

The Gospel of Our Lord Jesus Christ According to Mark [6. 14-29]

**Glorify to you Lord Jesus Christ.**

King Herod heard of it, for Jesus' name had become known. Some were saying, 'John the baptizer has been raised from the dead; and for this reason these powers are at work in him.' But others said, 'It is Elijah.' And others said, 'It is a prophet, like one of the prophets of old.' But when Herod heard of it, he said, 'John, whom I beheaded, has been raised.'

For Herod himself had sent men who arrested John, bound him, and put him in prison on account of Herodias, his brother Philip's wife, because Herod had married her. For John had been telling Herod, 'It is not lawful for you to have your brother's wife.' And Herodias had a grudge against him, and wanted to kill him. But she could not, for Herod feared John, knowing that he was a righteous and holy man, and he protected him. When he heard him, he was greatly perplexed; and yet he liked to listen to him. But an opportunity came when Herod on his birthday gave a banquet for his courtiers and officers and for the leaders of Galilee. When his daughter Herodias came in and danced, she pleased Herod and his guests; and the king said to the girl, 'Ask me for whatever you wish, and I will give it.' And he solemnly swore to her, 'Whatever you ask me, I will give you, even half of my kingdom.' She went out and said to her mother, 'What should I ask for?' She replied, 'The head of John the baptizer.' Immediately she rushed back to the king and requested, 'I want you to give me at once the head of John the Baptist on a platter.' The king was deeply grieved; yet out of regard for his oaths and for the guests, he did not want to refuse her. Immediately the king sent a soldier of the guard with orders to bring John's head. He went and beheaded him in the prison, brought his head on a platter, and gave it to the girl. Then the girl gave it to her mother. When his disciples heard about it, they came and took his body, and laid it in a tomb.

For the Gospel of the Lord,  
**praise to you Lord Jesus Christ.**

*Sermon*

*Time of silence for reflection*

*Creed*

Let us together affirm the faith of the Church.

**We believe in one God, the Father, the almighty,  
maker of heaven and earth, of all that is,  
seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God,**

**eternally begotten of the Father,  
God from God, Light from Light, true God from true God,  
begotten, not made, of one Being with the Father;  
through him all things were made.**

**For us and for our salvation he came down from heaven,  
was incarnate of the Holy Spirit and the virgin Mary  
and became truly human.**

**For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.**

**On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven**

**and is seated at the right hand of the Father.**

**He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son is worshipped and glorified,  
who has spoken through the prophets.**

**We believe in one holy catholic and apostolic Church.**

**We acknowledge one baptism for the forgiveness of sins.**

**We look for the resurrection of the dead,  
and the life of the world to come. Amen.**

#### THE PRAYERS OF THE PEOPLE

Let us pray for the world and for the Church.

Lord hear us,

**Lord, hear our prayer.**

Accept our prayers in the name of our Saviour Jesus Christ, who taught us to pray,

**Our Father in heaven, hallowed be your name,  
your kingdom come, your will be done  
on earth as in heaven.**

**Give us today our daily bread.**

**Forgive us our sins as we forgive those who sin against us.**

**Save us from the time of trial  
and deliver us from evil.**

**For the kingdom, the power and the glory are yours  
now and forever. Amen.**

## THE GREETING OF PEACE

We are the body of Christ.

**His Spirit is with us.**

The peace of the Lord be always with you.

**And also with you.**

**Offertory Hymn:** Tune, Blaenwern.

- 1. God who formed the mighty ocean,  
Loosed the winds upon their ways,  
Gave the circling planets motion  
In their round of ceaseless praise,  
Hear our thanks for hearts that love us  
For the hour that gave us birth,  
Heirs of starry skies above us  
And the seas of all the earth.**
- 2. Hold within your care unsleeping  
All who face tempestuous seas,  
Harvests from the waters reaping,  
God be thanked for such as these.  
Earth is rich beyond all measure,  
May we prize her gifts the more,  
We who find our work or pleasure  
On the seas or by the shore.**
- 3. Guard, when stormy waves are breaking,  
Those who cross the ocean's wide;  
Share with them their watchful waking,  
Be with them through wind and tide.  
Christ our Saviour, friend unfailing,  
As the seas of life we roam,  
Chart our course and guide our sailing  
Safe to harbour and to home.**

Timothy Dudley-Smith b, 1926

Blessed are you, Lord God of all creation  
through your goodness we have this bread to set before you,  
which earth has given and human hands have made.  
It will become for us the bread of life.

**Blessed be God for ever.**

Blessed are you, Lord God of all creation:  
through your goodness we have this wine to set before you,



fruit of the vine and work of human hands.  
It will become for us the cup of salvation.

**Blessed be God for ever.**

Blessed are you, Lord, God of all creation.  
Through your goodness we have these gifts to share.  
Accept and use our offerings for your glory  
and for the service of your kingdom.

**Blessed be God for ever.**

## THE GREAT THANKSGIVING

The Lord be with you.

**And also with you.**

Lift up your hearts.

**We lift them to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give our thanks and praise.**

It is indeed right and good, our duty and our salvation,  
always and everywhere to give you thanks and praise,  
holy Father, almighty and eternal God,  
through Jesus Christ our great high priest.

He offered himself to you as the Lamb without blemish,  
the acceptable gift that gives you perfect praise.

At the Last Supper, seated with his apostles,  
he left this memorial of his passion  
to bring us its saving power until the end of time.

In this great sacrament you feed your people  
and strengthen them in holiness,  
so that throughout the world  
the human family may be enlightened by one faith  
and drawn together in one communion of love.

We come to this foretaste of your heavenly banquet  
to be transformed by your grace  
and restored in the image and likeness of the risen Christ.

Therefore earth unites with heaven  
to sing a new song of praise;  
we too join with angels and archangels  
as they proclaim your glory without end:

**Holy, holy, holy Lord, God of power and might,  
heaven and earth are full of your glory.  
Hosanna in the highest.**

**Blessed is he who comes in the name of the Lord.  
Hosanna in the highest.**

Holy God, we thank you for these gifts of your creation,  
this bread and wine, and we pray that we who eat and drink them  
in obedience to our Saviour Christ,  
by the power of the Holy Spirit,  
may be partakers of his body and blood,  
and be made one with him and with each other in peace and love. ✠

On the night he was betrayed Jesus took bread;  
and when he had given you thanks  
he broke it, and gave it to his disciples, saying,  
'Take, eat. This is my body given for you.  
Do this in remembrance of me.' ✠

After supper, he took the cup, and again giving you thanks  
he gave it to his disciples, saying,  
'Drink from this, all of you. This is my blood of the new covenant  
shed for you and for many for the forgiveness of sins.  
Do this, as often as you drink it, in remembrance of me.' ✠

Let us proclaim the mystery of faith.

**Christ has died.**

**Christ is risen.**

**Christ will come again.**

Therefore we do as our Saviour has commanded:  
proclaiming his offering of himself  
made once for all upon the cross,  
his mighty resurrection and glorious ascension,  
and looking for his coming again,  
we celebrate, with this bread and this cup,  
his one perfect and sufficient sacrifice for the sins of the whole world.

As we eat and drink this holy sacrament,  
renew us by your Spirit  
that we may be united in the body of your Son  
and serve you as a royal priesthood  
in the joy of your eternal kingdom.

Receive our praises, Father,  
through Jesus Christ our Lord,  
with whom and in whom,  
by the power of the Holy Spirit,  
we worship you in songs of never-ending praise:

**Blessing and honour and glory and power  
are yours for ever and ever. Amen.**

## THE BREAKING OF THE BREAD AND THE COMMUNION

We who are many are one body,  
**for we all share in the one bread.**

**Jesus, Lamb of God, have mercy on us.**

**Jesus, bearer of our sins, have mercy on us.**

**Jesus, redeemer of the world, grant us your peace.**

*The Invitation to Communion is given*

The gifts of God for the people of God.  
Come let us take this holy sacrament  
of the body and blood of Christ  
in remembrance that he died for us,  
and feed on him in our hearts by faith with thanksgiving.

## THE SENDING OUT OF GOD'S PEOPLE

*Reflection Hymn*: AHB 427/TiS 508. Tune, St Michael.

1. *Jesus, we thus obey your last and kindest word;  
here, in your own appointed way, we come to meet you, Lord.*
2. *Our hearts we open wide, to make the Saviour room;  
for now the Lamb, the crucified, the sinner's friend has come.*
3. *Your presence makes the feast; now let our spirits feel  
the glory not to be expressed, the joy unspeakable.*
4. *With high and heavenly bliss you now our spirits cheer;  
your house of banqueting is this, and you have brought us here.*
5. *Now let our souls be fed with manna from above,  
and over us your banner spread of everlasting love.*

Charles Wesley 1707–88 *alt.*

Let us pray.

Almighty and eternal God,  
may we who have received this sacrament  
of your Son's body and blood  
worship you in all we do,  
proclaim your word to all the world,  
and live in the power of your Spirit.

**Most loving God,**

**you send us into the world you love.**

**Give us grace to go thankfully and with courage  
in the power of your Spirit. Amen.**

***Notices***

Hymn—AHB 74 / TiS 138. Tune, Melita.

1. **Eternal Father, strong to save,  
whose arm hast bound the restless wave,  
who bidst the mighty ocean deep  
its own appointed limits keep:  
O hear us when we cry to thee  
for those in peril on the sea.**
2. **O Christ, whose voice the waters heard  
and hushed their raging at thy word,  
who walkedst on the foaming deep,  
and calm amid the storm didst keep:  
O hear us when we cry to thee  
for those in peril on the sea.**
3. **O Holy Spirit, who didst brood  
upon the waters dark and rude,  
and bid their angry tumult cease,  
and give for wild confusion, peace:  
O hear us when we cry to thee  
for those in peril on the sea.**
4. **O Trinity of love and power,  
our people shield in danger's hour  
from rock and tempest, fire and foe,  
guard them wherever they may go:  
thus evermore shall rise to thee  
glad hymns of praise from land and sea.**

William Whiting 1825–78 alt.

*The Blessing & The Dismissal*

The peace of God which passes all understanding  
keep your hearts and minds in the knowledge and love of God,  
and of his Son, Jesus Christ our Lord;  
and the blessing of God almighty,  
the Father, the Son, and the Holy Spirit,  
be among you and remain with you always. **Amen.**

Go in peace to love and serve the Lord:

**In the name of Christ. Amen.**

Eucharist, Second Order Text from A Prayer Book for Australia (Sydney: Broughton Books, 1995)

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